IN THE CLAIMS:

Please amend the claims being submitted herewith as follows:

1. (Currently Amended) A damping material comprising:

at least one type of polymeric material, wherein the polymeric material has a sea-island structure,

the loss factor tan δI of a polymeric material constituting <u>an</u> [[the]] island phase of the sea-island structure is larger than <u>a</u> [[the]] loss factor tan δM of a polymeric material constituting <u>a</u> [[the]] sea phase of the sea-island structure, and <u>a</u> [[the]] ratio of the elastic modulus of the polymeric material constituting <u>an</u> [[the]] island phase to the elastic modulus of the polymeric material constituting the sea phase is in the range of 0.1 to 2.

- 2. (Original) The damping material according to claim 1, wherein gas bubbles are present in the polymeric material constituting the sea phase.
- 3. (Currently Amended) The damping material according to claim 1 [[or 2]], wherein \underline{a} [[the]] shear modulus μI of the polymeric material constituting the island phase is in the range of 5×105 to 4×109 Pa.
- (Currently Amended) The damping material according to any one of claim[[s]]1 [[to 3]], wherein the loss factor tan δI of the polymeric material constituting the island phase is in the range of 0.1 to 10.
- (Currently Amended) The damping material according to any one of claim[[s]]1 [[to 4]], wherein a [[the]] shear modulus μM of the polymeric material constituting the sea phase is in the range of 5 × 106 to 2 × 109 Pa.
- 6. (Currently Amended) The damping material according to any one of claim[[s]]1 [[to 5]], wherein two or more types of polymeric material are contained.
- 7. (Currently Amended) The damping material according to any one of claim[[s]]1 [[to 5]], wherein one type of polymeric material is contained and the polymeric material is

a graft copolymer or a block copolymer.

8. (Currently Amended) A damping metal sheet comprising a damping structure in which the damping material according to any one of claim[[s]]1 [[to 7]] is bonded on a metal sheet.